



Village Newsletter September 2025 Issue 285

If you have any updates for the October newsletter, please send to me by the 27th September warm wishes, Natalie
Nataliebrett64@gmail.com

Defibrillator code C159 X, located at the back of Sorrel Horse pub.



Shottisham Fete, August 2025. Photo courtesy of Kathy Wilson.

Update from Bawdsey CEVC Primary School

We had an amazing end of term and will miss the year 6 children as they embark on their adventures at high school. They went through all their favourite memories of being at Bawdsey and then enjoyed the annual party at Bawdsey beach after school with all the families. Which is a lovely ending to their time with us.

Macmillan Coffee and Open afternoon will be on Friday 26th September starting at 1.30 until 3 pm. If you would like to join us to raise money for a great cause, have a cuppa and scrumptious piece of cake served by our wonderful pupils, or you would like a tour of our school then please join us. Are you looking for a Nursery place, a place for Reception or older, are you fed up with your present school, then please come and have a tour by our children and see how good we really are. Or did you once come to Bawdsey school, or just wondered what it was like inside, then we hope you can come along for the afternoon for a tour- the refreshments are for donations and we would love to see you.

*Best wishes,
Katie Butler*

Headteacher - Bawdsey CEVC Primary School

Hollesley Gardening Club meets in Hollesley village hall @ 7.30pm on Thursday 25th September.

Speaker - Dr Ian Bedford on Britain's butterflies.

Non members are always welcome at £5pp.

Contact Sue Barnes 01394 411579 for more information.

Parish Council

Next meeting is **7pm, Tuesday 9th December, Trust Hall**. All Welcome! Agenda and minutes are available <http://www.shottisham-pc.gov.uk/shottisham-parish-council/meetings/>

On 6 Sept the government will be sending an Alert Text message, last time on 23 April 2023 most of the villagers didn't receive this text message due to no mobile signal and the message can only be received via mobile phone signal (not via Wi-Fi calling). The government appear to think that the mobile phone signal issue in rural areas has been addressed but this is not the case for Shottisham. This issue is regularly raised at the PC and has been raised with our local MP for many years. We will continue to push the urgency to resolve this issue. We are also aware that many people are contacting Jenny Ridell-Carpenter independently.

There have been complaints from different people that have rented the Knoll for their holiday with regards to people parking outside the front door. Terrie has made the owners aware, and they have put a notice on the front door asking people not to park in front of it. Often people who are staying there may do this but that then is their responsibility. Grumpy was also unable to get access out of his front gate as someone parked across it. Can you please ask visitors to park responsibly - often it is villagers that are doing this and not just people coming to use the pub.

*Natalie Brett
Chair SPC*

Sorrel Horse Shares

If anyone is interested in buying shares, I have been contacted by someone who wants to sell. Please get in touch with me on nataliebrett64@gmail.com for details.

Rev. Edith Peck, Anglican Chaplain to HMP Warren Hill & Hollesley Bay

I hope you have all enjoyed a restful or adventure-filled summer – whichever is your preference! As I sit writing this at the beginning of August, it's hard to think forward to September - a time of year that I'm often in two minds about.

On the one hand it is such a beautiful time of year when the light of the sun is like no other, it's often enjoyably warm, fruit hangs heavy on the trees and it is the start of a new academic year when students are nervously excited about what lies ahead of them at school and university. For others it's a reset after the summer holidays when they can return to usual activities with a new enthusiasm.

The poet, John Keats, conjured up the atmosphere of this time of year with such clarity in his poem "To Autumn". "With fruit the vines that round the thatch-eaves run; To bend with apples the moss's cottage trees, And fill all fruit with ripeness to the core; to swell the gourd and plump the hazel shells with a sweet kernel; to set budding more, and still more, later flowers for the bees, until they think warm days will never cease, For summer has o'er-brimm'd their clammy cells." There still seems to be so much life around and there are new challenges to face. The harvest is gathered in and we give thanks for that.

But on the other hand it feels like the start of the unstoppable move of the year towards winter – the temperature starts to drop and the dark mornings and nights start to close in again, not to mention the rush towards Christmas which seems to get earlier and earlier every year. The fields change colour as the soil is turned over and the birds begin to gather for their flights to warmer climes. It sometimes feels as though the warm weather never was and summer holiday destinations are a distant memory. The leaves on the trees start to change colour in the most glorious way but then start to fall.

Each season of life brings with it change and challenge – sometimes good and sometimes not so good - but at this point in the life our country and our world, there seems to be more changes and more challenges than ever before. I hear from many people, including the prisoners and staff I work with, that they are worried about what the future holds. Many feel helpless and at a loss about what to do. We have so much more information available to us and we don't know what is true or false a lot of the time. But there is still much to be thankful for and to look forward to.

Jesus, in his teaching in the gospel of Matthew, known as the "Sermon on the Mount", says to us, "Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing?"



He goes on to point out that God looks after even the smallest little creature and that he knows every hair on our head and will look after us if we will trust him. Jesus doesn't say, "Don't plan," or "Don't have goals", but he does say, "Don't worry." And that is very important as we go into the colder, darker days of autumn that bring with them new challenges as well as new opportunities. If we take Jesus at his word, he will always be with us and we can take on the challenges with determination and look forward to new opportunities as they come along.

Photo courtesy, Carole Lissauer, Pet Service

WHAT'S ON

- 7 Sept** Garage Sales – 10.00am-2.00pm, through the Bawdsey Village/the Hall
- 7 Sept** Boyton Fete 2-4pm Stalls/Games /Teas and much more -Church Hall Field
- 8 Sept** Sutton Car Boot Sale Sutton Recreation Ground
- 8 Sept** Pawns on the Peninsula Chess Club – 6.00pm, the Hall Bawdsey
- 9 Sept** Craft Group – 7.30pm, the Hall Bawdsey
- 8 Sept** Bawdsey Car Boot Sale 10am-2pm through the village & at Hall
- 14 Sept** Gardener's Question Time – 2.00-4.00pm, the Hall Bawdsey
- 20 Sept** Bawdsey Market – 2.00-4.00pm, the Hall
- 22 Sept** Pawns on the Peninsula chess Club – 6.00pm, the Hall Bawdsey
- 23 Sept** Craft Group – 7.30pm, the Hall Bawdsey
- 27 Sept** CPR Training – 11.00am-1.00pm, the Hall Bawdsey
- 27 Sept** Breakfast Hollesley Village Hall 9.30-12pm

- 4 Oct** Macmillan Coffee Morning 10am-12pm Bawdsey Village Hall

Suffolk Punch Trust see www.suffolkpunchtrust.org for days/times

Marsh Barn Café RSPB Reserve, Hollesley 10.00am-2.00pm daily

Deben Ferry 1 May-30 September daily, 10.00am-5.00pm, dependant on weather

Mobile Post Office every Thursday 11.30am-12.30pm, Alderton Village Hall

Chair-based Exercise Class 10.30am, the Hall, ring Jane 411373

Yoga with Darren Tuesdays, 9.00-10.00am, £10.00, the Hall

Suffolk Police www.suffolkpolice.uk email woodbridge.snt@suffolk.pnn.police.uk



The Peninsula Practice

DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

- Wednesday 17th September 2025 - Alderton
- Thursday 16th October 2025 - Aldeburgh

All calls will be redirected to 111.

We offer an increasingly wide range of NHS services to our patients:

Get up to date with your health

We offer an increasingly wide range of NHS services to our patients:

- Memory checks (if worried about dementia)
- Menopause management
- Paramedic appointments
- Same day physiotherapy for acute musculoskeletal symptoms
- Minor surgery including moles & lesions
- Steroid joint injections
- Ultrasound (by referral)
- Mental health and wellbeing support

- Single skin lesion clinic
- Travel health
- Social prescriber – support for non-clinical health and wellbeing needs
- Compassionate Companion service – to support end of life choices and care
- Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

- Chiropody – foot care appointments & home visits
- Ear care – wax removal (see website)

Flu and Covid Vaccination Campaign 2025 – Dates for Your Diary!

We have our vaccination clinics planned for Autumn 2025!

We will be having our main flu & covid clinics on the following dates:

- Wednesday 8th October – Aldeburgh Old Generator Station
- Tuesday 14th October – Orford Surgery
- Thursday 23rd October – Hollesley Village Hall

Please see the eligibility criteria below (contact us for precise clarification of eligibility):

Flu

- Adults aged 65+ or 18–64 with eligible health conditions
- Long-stay residential care home residents
- Unpaid carers
- Close contacts of severely immunocompromised individuals
- Frontline health and social care workers (if not employer-covered)

Covid

- Adults aged 75 and over
- Individuals aged 6 months and older who are immunosuppressed
- Residents of care homes for older adults

Housebound patients will be contacted for home visits planned for 13 th and 20 th October.

peninsula.practice@nhs.net

<https://www.thepeninsulapractice.co.uk>

